SALT FORK YMCA GYM SCHEDULE

Fall 2021

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	SATURDAY	SUNDAY
	East	West	East	West	East	West	East	West			
5:30 AM											
6:30 AM											
7:30 AM											
8:30 AM			Gymnastics								
9:30 AM											
10:30 AM											
11:30 AM											
12:30 PM											
1:30 PM											Indoor Soccer
2:30 PM											
3:30 PM							Gymnastics				
4:30 PM											
5:30 PM		Youth and Agility				Youth and Agility					
6:30 PM	Indoor Soccer	Indoor Soccer		Indoor Soccer	Indoor Soccer	Indoor Soccer	Indoor Soccer	Indoor Soccer			
7:30 PM											
8:30 PM											
9:30 PM											